

WHEN RELATIONSHIPS AFFECT HEALTH

Patients may present with:

- + anxiety or low mood
- + sleep issues
- + ongoing stress
- + parenting challenges
- + conflict at home.

SCAN TO SEE
OUR SERVICES



Relationship
stress may be part
of the picture.

Support is available
through Relationships
Australia NSW.

No formal referral required.

**Counselling • Mediation • Parenting & Family
Services • Group Programs • Domestic &
Family Violence, Trauma & Elder Support.**

Relationships
AUSTRALIA • NSW